



GirlsLead Co.'s

# LeadHers Newsletter

August 14th, 2024



Dear GirlsLead Community,

As the summer sun begins to set and the excitement of a new school year rises, we find ourselves on the brink of fresh beginnings and endless possibilities. Whether you're stepping into a new grade, taking on leadership roles, or simply looking forward to reconnecting with friends, this time of year is all about growth and transformation.

At GirlsLead, we're thrilled to support you on this journey. This back-to-school edition of LeadHers is packed with resources, tips, and inspiration to help you start the year with confidence.

Remember, this year is your chance to shine brighter than ever before. Embrace every opportunity to learn, lead, and make a difference. We can't wait to see all the incredible things you'll achieve.

Wishing you a successful and empowering school year ahead!

Warmest regards,

Kripa

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## Back-to-School Edition!

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Coming Soon

## GirlsLead Clubs & Chapters

**Do you want to bring GirlsLead to your school or community? We are launching our club/chapter model soon! If you or anyone you know of who might be interested, be sure to stay tuned on our Instagram (@girlsleadco) for more details about this amazing opportunity!**

As we kick off a new school year, we're excited to welcome our amazing GirlsLead clubs and chapters! Across the country, our members are gearing up to make a difference in their schools and communities. Each club is a hub of creativity, leadership, and empowerment, where girls come together to build confidence, sharpen their public speaking skills, and expand their networks. Start your school year off by founding a GirlsLead group near you!

Email [clubschapters@girlslead.us](mailto:clubschapters@girlslead.us) with any questions!

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[Inside Higher Ed](#)

### How to Train Student Leaders in the Classroom

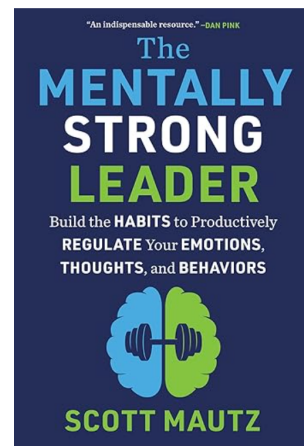
You don't have to be an elected official to be a leader! Let's learn why it's so important to be a leader at the classroom level as well.



[Scott Mautz](#)

### **The Mentally Strong Leader: Build the Habits to Productively Regulate Your Emotions, Thoughts, and Behaviors**

As a student and a leader, it's easy to get overwhelmed. However, it's crucial to ensure that you're taking care of yourself and prioritizing self-care while balancing your many responsibilities. Being confident and mentally strong is so important as a leader!



## **Partner with Us**

GirlsLead Co. finds support in its community. Reach out for an event collaboration!

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**GirlsLead Co.**

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